



## Recommended Weekend Packing List

Bible or daily devotional

Medications, including prescription and over-the-counter antacids, pain relievers, and decongestants

Your own pillow (if desired; 1 is provided)

Your own Towel and Washcloth (if desired; 1 bath towel, 1 hand towel, 1 washcloth are provided)

Toiletries (soap, shampoo, conditioner, toothpaste/toothbrush, deodorant, hygiene products)

Hair Dryer/Curling Iron/Straightener or personal fan (if desired)

Razor and razor blades, shaving cream

Extension Cord or multiple outlet cord

Sweater or Jacket (there is a brief outdoor walk to get to the dining room)

Flashlight

Umbrella (there is a short walk from the meeting rooms to the dining hall)

Comfortable shoes and clothing

Slippers (if desired)

Sunday Service attire

### Please refrain from bringing:

**Please refrain from bringing perfumes or other strong fragrances.** Some people are allergic or highly sensitive to strong scents. To avoid any possible negative reaction, we ask that you refrain from bringing or using any perfumes, body sprays or other scented toiletries.

**Please refrain from bringing any electronics** such as tablets, laptops or gaming devices. If you bring a cell phone, we ask that you leave it in your room during the weekend sessions so you can “detach” from the distractions of the world.

**Please refrain from bringing any food or beverages.** The facility does not allow any food or beverage except bottled water to be taken to the sleeping rooms.